

June

Take steps to lower your
chance of skin damage
and skin cancer.

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

When in the sun:
Use sunscreen
Wear a hat
Seek shade
Cover up
Wear sunglasses



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

For more information on
women's health, visit
www.cdc.gov/women

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20 years
OF PROMOTING WOMEN'S HEALTH
CDC OFFICE
OF WOMEN'S
HEALTH